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### Mission

### The Centre of Excellence on Ageing (CEA) is a 'real world' research and impact focused centre located at the University of Surrey.

The Centre was established in April 2023 with its partner, the Global Initiative on Ageing Foundation (GIA) under the auspices of the United Nations (UN), making the Centre the first GIA's centre of excellence in the world. The CEA is dedicated to advancing knowledge, applying impact and furthering our understanding of ageing across the whole life course, promoting both the concept and the practice of Healthy Ageing for individuals and societies the world over. Moreover, the Centre will support research applications and policy engagement actions in key areas including health, education, science and mobility. To achieve these goals, the CEA is focused on both multi and interdisciplinary ageing research that brings together experts from various fields; social gerontology, paediatrics, infant and junior education, psychology, economics, social policy, engineering, health and social care, biomedicine, including stem cell and genetic counselling, and others, to promote research, knowledge, and evidence, helping to improve human health and wellbeing throughout the whole of life, including preconception.

According to data from World Population Prospects: the 2019 Revision, by 2050,



**1.5 billion** (1 in 6) people in the world will be over 65 (16%) According to ONS Statista by 2050







As part of the GIA, under the aegis of the UN, the CEA works within a cooperative framework to support both the overall objectives of the GIA Foundation, and the related UN agency UNITAR (United Nations Institute for Training and Research), in addressing the challenges of ageing, before and across life. In doing so, the operation of the CEA is based on five overarching areas with strategic resonance at local, national and international levels:

- Supporting the preparation and ratification of a new UN Convention on the Human Rights of the Older Person;
- Providing advice to both public and private sectors on improving public measures on ageing across the whole life course, based on research-based evidence;
- Strengthening relevant skills and competencies by offering training, particularly to older people, their families, public officials, and other professionals;
- Working with stakeholders to raise awareness of the challenges and opportunities related to 'whole life course ageing', including projects focused on improving the quality of life, participation and social inclusion of the elderly;

- The establishment, growth and sustained impact of the CEA ensuring the promotion of research, teaching and capacity building, for and with key stakeholders across all sectors connected with whole life ageing;
- Identifying the positives and privileges associated with whole life ageing across the full spectrum of research, education, partnerships and policy debates.

In this way, the Centre acts as a platform: bringing together specific research groups, existing centres, and plugging into new networks. From the University and our partners, **CEA Fellows** will be recruited based on their interdisciplinary expertise in core areas of whole life course ageing. Through these Fellows, the Centre will be able to extend its collaborations with a wide range of other research institutions, along with industry partners, government agencies, and representative civil society organisations, including older people themselves.





### Goal

To make the University of Surrey's Centre of Excellence on Ageing a world-leading centre of excellence in whole life course ageing, with impactful outcomes at local, national and international level by 2025.



**Professor Paul Townsend** 



**Professor Amelia Hadfield** 



**Professor Andrew King** 

### Structure

The Centre of Excellence on Ageing (CEU) has established a Founding Director: Professor Paul Townsend (Pro Vice Chancellor & Executive Dean, Faculty of Health and Medical Sciences), and two Co-Directors: Professor Andrew King (Faculty of Arts and Social Sciences, Head of Sociology), and Prof Amelia Hadfield, (Associate Vice-President of External Engagement, and Faculty of Arts and Social Sciences, Head of Politics). A Managing Director will further ensure day to day management of CEA's objectives.





### Governance

The CEA comprises a two-level structure.

- Internally, the CEA Internal Strategy Board is comprised of senior staff across all faculties of the University of Surrey. These include school, department, institute or clinic heads with a specific expertise or interest in healthy ageing, as well as central and faculty professional services staff working to support the overall goals of the CEA. The Internal Strategy Board has three annual meetings and provides oversight of the CEA's governance, its research, teaching, and engagement activities.
- A **CEA External Advisory Board** includes members of key external collaborators/partners, including nominated representatives from the GIA/UN, representatives from funders, local government, public, private and third sector stakeholders and industry. The CEA External Advisory Board meets annually, concomitant with one of the three annual meetings of the CEA's Internal Strategy Board, ensuring a robust and creative leadership structure and focus on key actions.

Interdisciplinary research is key to the development of the CEA. To support its scholarship, as well provide collaborative and networking opportunities, CEA Directors, in conjunction with the CEA Internal Strategy Board will recruit a critical mass of CEA Fellows from all faculties at the University of Surrey, and from across its collaborative partners. In this way, **CEA Fellows** will form a key part of the research-based objectives and externally impactful outputs of the CEA.

#### **Leveraging Research Networks**

Existing research groups or centres based in the three faculties, or across the University can affiliate to the Centre, which acts as a hub for directing research on ageing across the whole life course at Surrey. In addition, and pursuant to the provisions of the partnership contract, the GIA Foundation will invite key representatives of the CEA to attend regular GIA meetings, as relevant for the CEA's establishment and development, to support in its expertise, making contacts and building networks, in alignment with the GIA's own advocacy and action objectives. Reciprocally, the CEA, and the University of Surrey more widely, will invite representatives from the GIA Foundation to attend regular meetings, to enable collaborative relations and impactful outputs between the two founding partners.







#### **Organisational Chart**

Healthy Ageing/Ageing Well

Biological

Prof Paul Townsend

Pro-Vice-Chancello

and Executive Dean

Prof of Cardiovascular

Medicine

Immunity

Prof Deborah

Dunn-Walters Pro of Immunology



E





Prof Christian Heiss



Pro of Vaccinology



Prof Natalie Riddell Prof Gioanna Nalesso Snr Lecturer in Immunology Snr Lecturer in and Ageing



Dr Qibo Zhang

Snr Lecturer in

Immunology

Dr Olivier NF Cexus

Principal Investigator

(Res.B) in Immunology

& Metabolism

Musculoskeletal Biology

Dr Lisiane Meira

Lecturer DNA

Damage and Ageing

look

Prof Sue Lanham-New

Prof of Human Nutrition



..... 10.60

Sleep and

-----

Prof Derk-Jan Diik

Prof of Sleep

and Physiology

Dr Ines Violante

Snr Lecturer in Psychologica

Neuroscience

Prof Anne Skeldon

Prof of Mathematics and

Computational Biology

Chronobiology

Dr Daan van der Veen Snr Lecturer in Sleen Lecturer in Sleen





Psychological

Prof Birgitta Gatersleben

Prof of Environmental

Psychology

Dr Kimberly Smith

Snr Lecturer in Clinical

Health Psychology

Prof Victoria Tischler

Prof of Behavioural

Science

------

Professor in Clinical Health Psychology



Anthony Whetton Professor of Translational Biosystems



Multiple Long Term Intersecting Conditions Inequality



Prof Caroline Nicholson Prof Andrew King Prof of Palliative Prof of Sociology in Care and Ageing Ageing and Society



Sciences and Nursing

Dr Richard Green

Surrey Future Fellow

Prof Elizabeth Barley Dr Vicki Harman Prof of Mental Health





CEA

Prof Jo Blanden Prof of Economics

**CENTRE OF** 

UNIVERSITY OF SURREY

EXCELLENCE **ON AGEING** 

5



Technologies for Ageing and Generative AI

Technology

Prof David Frohlich

Prof of Interaction

S. AM

Prof Melanie Bailey

Reader in

Analytical Science

Design

Al and Digital

Health

Dr Haomiao Jin

Lecturer in Health

Data Science

Dr Samaneh Kouchaki

Snr Lecturer in Machine

Learning for Healthcare

GIA

3

Prof Jo Armes Prof Carol Crean Prof of Cancer Care Reader in Physical and and lead in Digital Health



Prof Christine Hine Prof of Sociology in Science and Technology



Hospitality and Business Engaging Social and





National and

Prof of Politics and Associate Vice-President of External Engagement

hard

E.

Prof Nigel Gilbert

Prof of Sociology



Dr Georgia Bowers Lecturer in Applied and

Dr PJ Annand

Senior Research

Fellow

Snr Lecturer in Marketing Contemporary Theatre and Revenue Management

asi

Q.

Dr Nikolas Thomopoulos

Dr Lorna Wang

Associate Prof

in Transport

GIA/UN

Dr Matthew Hall Lecturer in Sociology



Prof Caroline Scarles Prof of Technology and Society

















### **CEA: Four key themes**

Representing the long-standing and more recent research strengths in healthy ageing from across the University of Surrey, as well as the technology and outreach modes by which to apply them to generate impactful outcomes, the CEA is made up of four thematic areas:



The CEA's four thematic areas are expected to develop in both scope and number, as the CEA itself develops. All four themes are interconnected in representing the wealth of research, partnershipbased collaboration, funding activities, and outreach that Surrey staff have historically pursued across the spectrum of health ageing. In bringing together concepts of healthy ageing alongside tackling ageing-related inequalities, the CEA makes clear its determination to simultaneously identify the positives of ageing on the one side, while prompting a shift in mindsets regarding entrenched attitudes to ageing on the other. 'Solutions to ageing' that focus on the longevity divided are therefore represented via Surrey research and work with its collaborative partners into innovative technologies supporting healthy ageing (including generative AI) and outward-facing, impactful engagement with decision-makers in the policy world, and via community engagement. Taken together, the sum total of the CEA's four key themes represents an approach that recognises both the demographics of ageing, and individual longevity, as relevant, societal positives, to be supported through its outputs.





### **CEA: Three core pillars of activity**

In addition to its four key thematic areas, the CEA's practical outputs rest on three core pillars, helping to refine and drive its overall ambition.



Research and Innovation

Routinely promote and apply for local, national and international funds to support research & innovation on healthy ageing

Faculty Research and Innovation Offices (FRIO) horizon scan and disseminating appropriate funding opportunities

UGPN and University of Surrey strategic partners to help foster international collaboration on healthy ageingper

PhD accerlator programme to drive ageing across the lifecourse research and innovation

Impact Acceleration Awards to promote impact and engagement activity on healthy ageing Policy

Communications and Public Affairs team to promote and disseminate CEA activity across available networks

Supporting knowledge exchange activities between industry and academia via designated CEA partners

Deep and sustained engagement with local, national and international government and stakeholders (GIA/UN)

Strategic and sustained use of CEA partners to generate a clear agenda for healthy ageing, enabling CEA to particpate in cutting-edge debates and actively influencing policy



### Teaching, Training and Capacity Building

Establishment of CEA Fellows will promote cross discplinary working

Develop an MRes Programme

Doctoral College, HR and Early Career Academy to support delivery of Postgraduate and Early Career Researcher training

Medical School will provide opportunities for training and capacity building





### Surrey's existing areas of expertise

The creation of the Centre for Excellence on Ageing builds on a solid track-record of high quality ageing related research and activities at the University of Surrey. As outlined below, the CEA's centre-specific prowess draws upon the in-built expertise built up across all three faculties, with key groups and individuals leading in innovative areas:



The School of Biosciences has been prioritising healthy ageing across the life course since 2016, with the creation of Lifelong Health as a new, cross-faculty strategic theme, championed by Professor Deborah Dunn-Walters.



**Surrey Sleep Research Centre** (NIHR, DRI, UKRI, industry funded) has delivered world-leading, multidisciplinary research for over 20 years. It is directed by Professor Derk-Jan Dijk, Professor of Sleep and Physiology and includes researchers in Psychology (Violante), Centre for Vision, Speech and Signal Processing (Wells), Mathematics (Skeldon) and the Clinical Research Facility (Hassanin). Understanding the function of sleep will contribute to the improvement of wellbeing and health across the whole lifecourse.



**SEISMIC**' facility (BBSRC funded) for Spatially rEsolved single and Sub-cellular oMICs – led by Professor Melanie Bailey, Professor of Analytic Science with Paul Townsend and Antony Whetton includes academics in Chronobiology (Skene), translational biosystems (Whetton), biomedical informatics (Geifman) and immunology, metabolism and early disease detection (Dunn-Walters, Whetton, Cexus, Townsend). This facility will improve the understanding of ageing, cancers and diseases, leading to the development of novel treatments and vaccines.







**Centre for Bioanalytical Science** (BBSRC, EPSRC, Industry and UoS funded along with an application to the Wolfson Foundation) – Surrey's new initiative in bringing together intellectual thought leaders in measurement science and a competitive provider of measurement services for internal and external stakeholders. It combines world leading expertise in FEPS (nanomaterials characterisation, imaging, surface analysis, nanomanipulation and ion beams) with FHMS ("omics," informatics, veterinary science, and biomedicine), along with a variety of industry partners. The centre will allow Surrey to focus and enhance research in areas such as biomarkers, drug discovery and Al to support the understanding of human health.



**Centre for Research on Ageing and Generations** (ESRC, UKRI, Horizon Europe and NIHR funded) co-directed by Professor Andrew King, Professor of Sociology, Dr Vicki Harman, Associate Professor of Sociology, Professor Jo Blandon, Professor of Economics and Dr Xia (Lorna) Wang, Senior Lecturer in Hospitality. This centre brings together social scientific approaches to ageing across the life course, the importance of generations in understanding ageing and translates research into policy and practical solutions.



**Centre for Biomedical Engineering** (EPSRC, UKRI, UoS) led by Dr Daniel Abasolo, Lecturer in Biomedical Engineering and involves material engineering (Sui/Xu) and mechanical engineering (Hughes/Oldfield). This centre has run its Masters course for over 50 years, making it one of the longest established in the world and educated 100's of graduates over this time creating the next generation of clinical engineers. The centres research includes using bioinspired materials and biomedical signal processing to understand and improve ageing across the lifecourse issues.





The Centre will also support the three strategic initiatives that are continuing to build Surrey's **One Health, One Medicine** approach:

- **Primary Health Care Hub:** in collaboration with Prof Simon de Lusignan at Woodbridge Hill Surgery and Surrey Heartlands Health and Care Partnership to deliver a new primary care hub that will also enable innovative teaching, learning and research in one health care ecosystem.
- Surrey Academic Health and Care Partnership: launched in October 2023 bringing together expertise from Surrey County Council (SCC), Academic Health Science Network and Surrey Heartlands Health and Care Partnership to address healthcare challenges. Supported by a recent NIHR grant between the University and SCC on the wider determinants of health.
- Institute for Health Workforce Development: a virtual hub facilitate interdisciplinary collaborations between health professionals, educators, and researchers to create innovative solutions for future healthcare challenges and workforce development.







## Delivering growth of ageing research, innovation and impact

### **Post Graduate Researchers**

Post Graduate Researchers (PGRs) are crucial to the work of the CEA. Across the University of Surrey, there are currently over **80 current Post Graduate Researchers, supervised by more than 50 academics** across all faculties, who are variously working in data science, biomedical science, psychology, technology and society (See Appendix 1). Together, these researchers in conjunction with their supervisors, represent a vital new, inter-disciplinary research community in established and emerging areas of healthy ageing, which in turn will provide the critical mass needed to drive the future of the CEA.

The CEA will also drive and enhance student experience by providing discipline-specific research support in key areas via PGR supervisors, as well as project-based opportunities for student training and/or collaboration. Going forward, the CEA aims to support and facilitate the increase of students studying along the spectrum of healthy ageing disciplines with an aspirational target of 5 students per year by 2027/28, via external grants and sponsorships related to healthy ageing.

One example of achieveing this goal is via the recent ESPRC funding for Surrey's Centre for Doctoral Training in AI for Digital Media Inclusion, which will include projects working on AI adaptations to support sight, hearing, age and physical diversity challenges. CEA opportunities to create an MRes programme could enable the delivery of exciting new opportunities for teaching, such as the development of new courses and placements, in addition to providing a pipeline of researchers into ageing across the lifecourse research.







# **CEA Research funding activity:** a sustainable base

The CEA will actively foster research in ageing across the whole life course amongst all three of its faculties. The Centre will benefit from consistent and active research applications, and a high hit rate of successful awards, drawn from a base of more than 120 academics working within the area of healthy ageing across the whole life course. Across this critical mass of ageing-related scholarship, **over 300 proposals** totalling more than £80M have been submitted since 2019 (See Appendix 2). These submissions have been made to a variety of funders including UKRI, NIHR, and notable charities and trusts like Wellcome Trust, Alzheimer's Research, Age UK and British Heart Foundation.





academics across all faculties who work in Ageing research



submitted since 2019



More than £17M in ageing research funding has been awarded to Surrey since 2019

During this same period more than £17M in successful grants have been funded, with further awards expected to be formally announced across the 2023-2024 period. The CEA's ability to identify, submit and win healthy ageing-specific funds from regional, national and international funders rests primarily on a foundation of actively funded areas of research in healthy ageing, with a solid track record of fundable projects in cutting-edge science. As the CEA consolidates as a unique centre-specific funding entity, it is envisages that CEA-specific applications will be undertaken and submitted in a regular fashion, involving both Surrey staff and in collaboration with other academic and networked partners. Aiding CEA's current and future funding goals are the three Faculty Research and Innovation Offices (FRIO). These offices engage in horizon scanning of future opportunities to stimulate activity, promote research funding opportunities, and grow research income in healthy ageing subjects. Additionally, they facilitate strategic

grant applications, targeted fellowship applications and cross community network building. As it develops, the CEA will also support future, larger scale funding opportunities by bringing together expertise and external stakeholders, including facilitating application for substantial funding opportunities, including the MRC Centre of Research Excellence.

#### **Philanthropic Funding**

The University of Surrey's Advancement team have been successful in building links, supporting applications to, and receiving funding from philanthropic sources such as Macular Disease Society (£100K Studentship), the Lorna and Yuti Chernajovsky Biomedical Research Foundation (~£180K), Urology Foundation (£60K), and Degeneration (£50k). The CEA will work closely with External Engagement, and further philanthropy prospects will be identified to enable initial seed funding helping to underwrite the first three years of CEA.





#### **Impact activity**

The University Impact Acceleration Awards (IAA) provide highly flexible and internally administrated funding to support knowledge exchange, the acceleration of impact, and to bridge the gap between UKRI (EPSRC, STFC, ESRC, and MRC) funded research to facilitate impact for the benefit of society including translation towards commercialisation. Since 2019, over 20 individual impact projects have been awarded funding which are ageing related (see Appendix 3). As with a recent call for AI themed applications, future impact funding could be allocated to support ageing across the life course related activities to bolster the impact of the CEA. Furthermore, whole lifecourse ageing research and impact contributes to the University's Research Excellence Framework (REF) submissions.

### RESETTING THE BODY CLOCK

Experts in circadian rhythms have improved the lives of blind people by showing – for the first time – the impact that melatonin can have on our body clocks.

#### Al reveals scale of dementia in India, according to new research

Dementia in India may be higher than previous estimates have suggested and could be more in Ine with prevalence rates for countries such as the Unided States and the Unided Kingdom, according to a new collaborative study by researchers from the University of Surrey, University of Southern California, University of Michigan, and Al India Institute of Marcial Ocioactions.

In the first soudy of its kind, researchers used an antificial intelligence (AI) technique known as keen-supervised machine learning to analysis data them 31.477 other adults. They found the prevalence rais of dementian a duits aged 00 or very in lindia could be 8.4%, -equating to 10.08 million obter adults in the country. This compares to prevalence raits accorded a lineitar age agoug of inseparate research studies (0.8 k) in the United State, 0 k) in the United Kingdom and between 8.5% and 0 k) in Germany and France.

D Harmise Jin, co-subtro of the study and Lecture In Health Data Sciences in the School of Health Sciences at the University of Science, said: "Our research was based on the final and only variously representative agains study in hold with more man 10 000 participating older duties in the country. All has a crust that is the more man 10 000 participating older duties in the country of Man a crust that with more man 10 will be a study of the that and our research during that the study of the study of the study of the study of estimates from earlier than the study of the study of the study of the study of estimates from the study at the study.

The seasch ham developed an Al laurning model. The model was trained on data, which consisted of 70% labeled dataset with downed indignases from a void online consensur. The remaining 20% of the data was reserved as a test set to assess the AI's predictive sourcey. The Al supplicitude to predict downed astata for <u>validated</u> observations which demendia dapares in the dataset. Professor Adam Hitms, Director of the University of Sourcey's instatute for People-Centred Alasian for the University of Sourcey's instatute for People-Centred Alasian films.

"As we are seeing with this research, Al has a huge potential to discover patterns in complex dats, improving our understanding of how diseases impact people across wery definitions can be used to be a set of the development of the development discuss the research has been published by <u>Neuropotemichory</u>.

#### Al could help diagnose dogs suffering from chron pain and identify facial changes associated with Chiari-like malformation

A new artificial intelligence (AI) technique developed by the University of Surrey could eventually hel quickly identify Cavalier King Charles Spaniel (CKCS) dogs with a chronic disease that causes cripplin technique identified unique biomarkers which inspired further research into the facial changes in dog Chiarl-like malformation (CM).

# Night owls can 'retrain' their body clocks to improve mental well-being and performance

By Natasha Meredith

A simple tweak to the sleeping patterns of 'night owls' – people with extreme late sleeping and waking habits – could lead to significant improvements in sleep/wake timings, improved performance in the mornings, better eating habits and a decrease in depression and stress.



### Iodine deficiency 'may lower UK children's IQ'

() 22 May 2013



FEATURE

Published: 23 March 2022

REF 2021 case study: How Vitamin D research led to new government guidelines





44 What we're trying to do is improve the health of the UK population through ensuring that all population groups, irrespective of their ethnicity, ensure that their Vitamin D levels are sufficient. ??

Professor Susan Lanham-New, Head of the Department of Nutritional Sciences





# Collaborations and partners facilitated by the CEA

Partners are vital to ensuring the focus, impact and sustainability of the CEA. Partnership is a reciprocal structure allowing both sides to benefit in the endeavour to support and advance the lifelong healthy ageing mandate. They bring a combination of academic intelligence sectoral insight, enhanced stakeholder connections through widened networks, and brand enhancement.

The University has established strategic partners and have collaborations that span healthy and inclusive ageing policy, research, innovation and engagement. Additionally, our partners and collaborators exist at the local, national and international levels and are all function driven. The University of Surrey prides itself in its engagement with the civic agenda of its local and regional area. In connecting with the civil society, local government and commercial groups associated with whole life ageing issues, the CEA is a new addition to the 'civic landscape', enabling the university to ensure healthy ageing research supports the civic needs of its own neighbourhood. For example, the University of Surrey has cultivated a strategic partnership with Surrey County Council, resulting in the implementation of a **new Civic University Agreement**. This agreement aims to fortify our connections with the local community, fostering positive impacts on health, the economy and sustainability. Furthermore, our civic influence has been consolidated by an NIHR Health Determinants Research Collaboration award between the University and Surrey County Council.

Through its Partners Programme, the International Longevity Centre (ILC) is an ideal partner for the CEA, with a shared focus on addressing the challenges and opportunities of ageing across the lifespan, and through the longevity dividend, generational policy and practice, and promoting diversity.

At an international level, the CEA partnership with the GIA will enable Surrey to contribute to UN Convention on the Human Rights of the Older Person.

### **16** The University of Surrey prides itself in its engagement with the civic agenda of its local and regional area. **33**







### **CEA Collaborative Partners**



\*The logo of The Surrey Academic Health & Care Partnership is currently not finalised.



#### **CEA delivery**

The CEA is undertaking a simultaneous, two-pronged approach, building on the foundations of our insights and expertise, and our networks and collaborations:

- 'Rolling' shorter term (6-12 month) activity specific such as horizon scanning, proposal development and submissions, including cross-border, international opportunities (e.g CESAER/Horizon Europe). Activities to establish partnerships and collaborations across the four themes, including identifying conferences for CEA members to attend and key networks to join to promote the centre.
- 2. Longer term (1-2 year) initiatives to bridge the gap between research and policy through leveraging connections to create health, social and economic impact at national and international level.

Exploring and participation in teaching and capacity building activities, including working with UNITAR colleagues to ensure that both the CEA, develop synchronously along lines that support both the UN's mandate on healthy ageing and sustainability respectively and the University of Surrey's own ambitions in respect of being a globally relevant, research-intensive, community-engaged university.

| A selection of fundin | A selection of funding applications under development: |  |            |   |  |  |  |
|-----------------------|--|--|------------|---|--|--|--|
| PI                    | Funder   | Scheme/Title   | Funding    | Status  |  |  |  |
| Frohlich              | EPSRC/TBC  | Tangible Community<br>Storytelling for Mental<br>Health Recovery | ~£1M       | In preparation  |  |  |  |
| Frankenberg-Garcia    | Wellcome Trust/TBC                                     | Translating Health<br>Science                                    | ~£900K     | AHRC unfunded bid being re-<br>purposed, in preparation               |  |  |  |
| Dunn-Walters/TBC      | MRC  | Centres of Research<br>Excellence (CoRE)                         | Up to £26M | Bid and partners in<br>development, submitting<br>stage one Feb 2024. |  |  |  |
| A selection of fundin | g applications results p                               | pending/recent awarding:   |            |   |  |  |  |
| Wang                  | UKRI   | Dementia Network Plus  | £100K      | Result pending  |  |  |  |
| Jin                   | ESRC/NSF   | Unemployment,<br>underemployment, and<br>family and child health | £405K      | Result pending  |  |  |  |
| Tischler              | Alzheimer's Society                                    | Doctoral Training<br>Programme                                   | £580K      | Result pending  |  |  |  |
| Armes                 | NIHR   | Health Determinants<br>Research<br>Collaborations                | £TBC       | Award pending   |  |  |  |
| Jaramillo             | Wellcome Trust   | Multimodal Assessment of REM sleep dynamics                      | £545K      | Awarded Nov 2024  |  |  |  |
| Bartsch               | AMS  | sleep spindles in<br>ageing                                      | £125K      | Result pending  |  |  |  |
| King                  | NIHR   | reducing loneliness<br>and improving social<br>inclusion         | £260K      | Result pending  |  |  |  |





**Schedule of Activities** 





### Year 1: 2023-2024

#### **Design phase Including:**

- Establish Internal Strategy Board
- Establish External Advisory Board
- Creation of logo and website

Recruit first cohort of CEA Fellows

# Tri-annual set of events to carry the CEA through 2023-2024:

- Autumn 2023: 'Building our CEA: a Recap of Current Ageing Research, and Engaging with our new Stakeholders'
- January 2024: 'Building Better: New Visions of Ageing Societies'
- Summer 2024: 'CEA Year 1: Showcasing Research, Funding, Outreach and Engagement at Local, National and International Forums'

#### Horizon scanning and funder analysis:

- Work with FRIOs to identify national and international external funding opportunities
- Seek funding (internal/external) for shortmedium term
- Work with External Engagement and the Advancement office to develop relationship with philanthropic funders.
- Create schedule of activities related to the core pillars

# Competitor Analysis and partner mapping:

- Identify local government partners, national government partners, private sector stakeholders, industry stakeholders, and potential media contacts
- Brand growth: mapping CEA's key value proposition, its range of 'listening' audiences, its key messages, and its potential outputs. Undertake a CEA SWOT analysis
- Partner growth: working with Partnership Managers perform mapping of potential research partners, teaching partners, and centre-to-centre partners, as well as a competitor analysis.





### Year 2: 2024-2025

Commence schedule of activities related to each of the core pillars including:

### Research and Innovation

Sandpit events to promote cross faculty collaboration

Ring-fenced internal faculty funding e.g. FHMS FRSF

Development of mid-term funding plan. FRIOs will provide the Board with a set of options

Proactive recruitment of academics via job descriptions with interest in ageing well

Utilise Impact Acceleration Account funding to promote engagement and impact activities

### Policy Influencing

Surrey public affairs team to promote CEA activity and agenda

GIA to introduce the CEA to their networks

Work with GIA and UNITAR representatives to support the draft, development and implementation of the propose UN convention of the Human Rights of the Older Person

Insight sessions on translating research into policy with the International Longevity Centre

### Teaching, Training and Capacity Building

Call for PGR projects related to ageing, e.g. PsychD projects

Investigate staff/student exchange and mobility

Work with UNITAR colleagues on related healthy ageing centres, world wide

Align capacity building with Surrey Medical School

# THE FUTURE OF MEDICINE, TOD

A new **Medical School**, training clinicians of the future to deliver integrated and technologically-advanced healthcare for patients and communities.



One Health, One Medicine



Interprofessional Learning



Digital Health











### Year 2: 2024-2025

Over the course of Year 2, a key goal will be to refine and raise the CEA's profile through enhanced online web presence, aligned messaging with the support of the university Comms/PA team, and curated social media output including '<u>Surrey Speaks</u>' podcast episodes:

- Paul Townsend and Andy King CEA meets the International Longevity Centre
- Hadfield: CEA, UNITAR and the Global Governance of Ageing
- Victoria Tischler: the role of creativity in lifelong health
- Deborah Dunn-Walters: healthy immunity
- Ines Violante and Valeria Jaramillo: Sleep, brain, memory
- Nophar Geifman: big data and AI
- · Lorna Wang: age-inclusive hospitality

Collaborative partner development: following the partner mapping process, the second year of CEA activity is to form strategic partnerships with other key institutions in the UK and overseas. Currently these could include: Newcastle University, University of Stirling, University of Strathclyde, International Longevity Centre. Further development could be facilitated by Surrey hosting the annual British Society of Gerontology Conference in June 2025 which will bring together 400 delegates both from the UK and also internationally.

### Year 3: 2025-2026

Following the evaluation of the Year 1/2 activities, the centre will be further developed including its sustainability i.e. longer-term funding such as UKRI centre calls (and others), the development of Continuing Professional Development (CPD) courses, and to scope taught programmes.

The CEA will grow the number of partnerships and will focus on the internationalisation of the centre, including developing strategic partnerships with Goldsen Institute (University of Washington, US), The Jeremy Coller Foundation, and the UNSW Ageing Futures Institute (University of New South Wales, Australia). The CEA can further make use of our international partnerships via the UGPN with Brazil and US, who also have specialisms in healthy ageing to foster cross-funding research and innovation collaboration, furthermore utilising the UGPN Academy to facilitate future connections.





# **Appendix 1**

List of current PGR projects and their primary supervisor working on ageing related projects.

| Faculty | Department  | Supervisor             | Students End Date | Thesis title   |
|---------|-------------|------------------------|-------------------|--|
| FHMS    | Biosciences | SEIBT Julie            | 08-Jan-27         | Physiological basis linking sleep continuity and age-related cognitive deficits: in vivo manipulation and monitoring of activity of layer 5 neurons in the cortex of mice                        |
| FHMS    | Biosciences | AHMADI Kourosh         | 18-Sep-26         | New approaches to the management of Pernicious Anaemia: an overlooked lifelong condition   |
| FHMS    | Biosciences | <b>RIDDELL</b> Natalie | 18-Sep-26         | Beta-2-adrenergic regulation of the aged immune system   |
| FHMS    | Biosciences | CAMPAGNOLO<br>Paola    | 18-Sep-26         | Creating and using Epicardial Spheroids to Assess the Effects of Cardiac Damage on the Adult Epicardial<br>Microenvironment.   |
| FHMS    | Health Sci. | AHANKARI<br>Anand      | 18-Sep-26         | Nutritional economic and environmental impacts on anaemia in Indian children from birth to age 18 years  |
| FHMS    | Psychology  | SMITH Kimberley        | 18-Sep-26         | Intersectionality between Lifelong Disability & Ethnicity: Understanding the influence of ethnicity on Ageing Well with a Lifelong Disability among Black British Older Adults and their Carers. |
| FHMS    | Biosciences | AHMADI Kourosh         | 19-Sep-25         | The Utility of Genetic Risk Communication in Vitamin B12 Deficiency to Vegan Women of Childbearing Age.  |
| FHMS    | Health Sci. | ARMES Jo               | 19-Sep-25         | Reducing digital disadvantage in older people during the COVID-19 pandemic: the role of families/carers at increasing technology acceptance and use  |
| FHMS    | Health Sci. | BARLEY<br>Elizabeth    | 19-Sep-25         | The relationship between social support and mental health in school-aged adolescents: The influence of teachers and school nurses  |
| FHMS    | Biosciences | NALESSO<br>Giovanna    | 20-Sep-24         | Generation of a novel in vitro system to investigate the effect of ageing on the articular cartilage   |
| FHMS    | Health Sci. | NICHOLSON<br>Caroline  | 05-Nov-24         | Developing undergraduate curricula to facilitate nurses ability to support self-management amongst people with long term conditions  |
| FHMS    | Health Sci. | JIN Haomiao            | 08-Jan-27         | Developing machine learning models for cognitive decline and dementia from survey response behaviours  |
| FHMS    | Biosciences | DIJK Derk-Jan          | 03-Apr-26         | Neuroinflammation sleep and dementia: Strategies to reduce symptoms and disease progression  |
| FHMS    | Psychology  | SMITH Kimberley        | 08-Jan-24         | The role of depressive symptoms and cardiometabolic risk factors in the prediction of dementia: a cross-<br>country comparison in England  |
| FHMS    | Biosciences | AHMADI Kourosh         | 18-Sep-26         | New approaches to the management of Pernicious Anaemia: an overlooked lifelong condition   |
| FHMS    | Psychology  | SMITH Kimberley        | 18-Sep-26         | Intersectionality between Lifelong Disability & Ethnicity: Understanding the influence of ethnicity on Ageing Well with a Lifelong Disability among Black British Older Adults and their Carers. |



| FHMS | Biosciences | ROLLIER<br>Christine  | 08-Jan-27 | Improving the vaccine-induced immune response in elderly   |
|------|-------------|-----------------------|-----------|--|
| FHMS | Biosciences | BARTLETT David        | 18-Sep-26 | An investigation of the role of energy balance modification on anti-tumour and health responses in older adults with chronic lymphocytic leukaemia (CLL).                  |
| FHMS | Biosciences | VAN DER VEEN<br>Daan  | 03-Apr-26 | Effect of indoor light supplementation on rest/activity rhythms and sleep in older adults  |
| FHMS | Health Sci. | ARMES Jo              | 19-Sep-25 | Reducing digital disadvantage in older people during the COVID-19 pandemic: the role of families/carers at increasing technology acceptance and use                        |
| FHMS | Vet Med     | SMYRNIAS<br>Ioannis   | 19-Sep-25 | Identifying the mechanisms that define the mitochondrial unfolded protein response in the stressed heart   |
| FHMS | Biosciences | LOCKER Nicolas        | 27-Jul-27 | Investigating properties of stress granules and translation in cell models of neurodegeneration  |
| FHMS | Health Sci. | LYON Richard          | 05-Apr-24 | The derivation of a clinical decision rule to support ambulance paramedics in the identification of older adults with a traumatic brain injury following blunt head trauma |
| FHMS | Psychology  | SMITH Kimberley       | 31-Jan-26 | Health and wellbeing in older people living with HIV   |
| FHMS | Biosciences | BARTLETT David        | 03-Jul-26 | Investigating and modifying physiological processes associated with premature frailty in those with Chronic Lymphocytic Leukaemia.   |
| FHMS | Health Sci. | NICHOLSON<br>Caroline | 19-Sep-25 | The utility of patient-reported outcome measures and patient-reported experience measures in supporting person-centred care for those with advancing frailty.              |
| FHMS | Vet Med     | NALESSO<br>Giovanna   | 19-Sep-25 | Role of Calcium Calmodulin Kinase II in the modulation of lipid metabolism and oxidative stress in the articular cartilage and osteoarthritis                              |
| FHMS | Biosciences | ROBERTSON<br>Denise   | 18-Sep-26 | Dietary protein the microbiota and gut barrier function: a gatekeeper of metabolic & immune health   |
| FHMS | Biosciences | WHETTON Tony          | 18-Sep-26 | A Plasma Proteomic and Metabolomic Map of Diet and Food Preferences in UK Biobank Volunteers   |
| FHMS | Biosciences | WHETTON Tony          | 18-Sep-26 | Multimodal analysis of plasma metabolomics and plasma proteomic data with respect to chronic diseases in UK Biobank volunteers   |
| FHMS | Biosciences | CEXUS Olivier         | 18-Sep-26 | Develop a protocol to generate immune-sufficient patient tailored liver organoids to study pathogenesis of liver diseases.   |
| FHMS | Biosciences | BARTLETT David        | 18-Sep-26 | An investigation of the role of energy balance modification on anti-tumour and health responses in older adults with chronic lymphocytic leukaemia (CLL).                  |
| FHMS | Biosciences | CEXUS Olivier         | 02-Jan-26 | Modelling immuno-metabolic alterations in diseases using single cell and spatial multi'omic technologies   |
| FHMS | Health Sci. | LEMANSKA<br>Agnieszka | 02-Jan-26 | Data-driven solutions for prostate cancer: Addressing health inequalities using a UK-representative  |



| FHMS | Biosciences | LANHAM-NEW<br>Susan                 | 19-Sep-25 | Elucidating the link between vitamin D and immune health in ethnic groups: mechanistic & population-based studies                         |
|------|-------------|-------------------------------------|-----------|---|
| FHMS | Biosciences | NALESSO<br>Giovanna                 | 20-Sep-24 | Generation of a novel in vitro system to investigate the effect of ageing on the articular cartilage                                      |
| FHMS | Biosciences | COLLINS Adam                        | 26-Dec-23 | Manipulating diet composition and meal planning for metabolic health  |
| FHMS | Biosciences | VAN DER VEEN<br>Daan                | 18-Nov-25 | Co-expression of ultradian and circadian rhythms.   |
| FASS | Music & Med | FROHLICH David                      | 02-Jan-26 | The role of augmented paper in health education for ageing  |
| FASS | SBS         | FAKHIMI Masoud                      | 02-Jan-26 | Simulation for Information Security Management in Healthcare  |
| FASS | SBS         | FAKHIMI Masoud                      | 19-Sep-25 | Framework for Open Hybrid Simulation and Analytics for Modelling Complex Systems in Health and Social<br>Care                             |
| FASS | Lit & Langs | ORASAN<br>Constantin                | 20-Dec-24 | Use of machine translation in healthcare settings: a symptom of a wider problem?  |
| FASS | Sociology   | KING Andrew                         | 18-Sep-26 | Understanding the life course inequalities of Older Malaysian Trans Women   |
| FASS | Sociology   | HODKINSON<br>Paul                   | 28-Mar-24 | Forever Young (A study of the ways older people demonstrate their continued interests in rock music)                                      |
| FASS | Economics   | FOUREAUX<br>KOPPENSTEINER<br>Martin | 18-Sep-26 | The effect of poor health at birth on adolescent crime  |
| FASS | Lit & Langs | MOONEY<br>Stephen                   | 18-Sep-26 | Little Thought Way: How Can the Mindfulness Practice of Menopausal Women Martial Artists Transform<br>Creative Practice?                  |
| FASS | Hosp & Tour | LIU Daisy                           | 02-Jan-26 | When high-tech meets low-touch: Exploring customers experiences with high-tech and low-touch hotels in the post-COVID-19 era              |
| FASS | Lit & Langs | BRAUN Sabine                        | 04-Jul-25 | Accessible Audio Cues to aid the understanding of audiovisual narrative   |
| FASS | Hosp & Tour | SCARLES<br>Caroline                 | 21-Nov-24 | How can Augmented Reality on mobile devices enhance recreational activities for those with auditory impairments in museums and galleries? |
| FASS | Music & Med | MASON Russell                       | 05-Apr-24 | Manipulation of headphone audio in the presence of environmental noise  |
| FASS | Lit & Langs | BRAUN Sabine                        | 05-Jan-24 | Exploring the visual interface in Remote Simultaneous Interpreting  |
| FASS | Lit & Langs | BRAUN Sabine                        | 29-Feb-24 | The use of automatic speech recognition in remote simultaneous interpreting   |
| FASS | Sociology   | MEADOWS<br>Robert                   | 24-May-25 | An intersectional social construction of stress: Women's health   |



| FEPS | Computer<br>Science                       | TAMADDONI<br>NEZHAD Alireza | 03-Jul-26 | Meta-interpretive learning from noisy images: applications in early diagnosis of neurological diseases  |
|------|---|-----------------------------|-----------|---|
| FEPS | Chemistry                                 | CARTA Daniela               | 03-Apr-26 | Multifunctional antibacterial phosphate-based glass fibres for wound healing  |
| FEPS | Computer<br>Science                       | LI Yunpeng                  | 02-Jan-26 | Clinician-in-the-loop Al-assisted Dental Disease Detection with Radiography   |
| FEPS | Mathematics                               | SKELDON Anne                | 02-Jan-26 | Mathematical modelling of sleep and circadian rhythms   |
| FEPS | Chemistry                                 | FELIPE-SOTELO<br>Monica     | 19-Sep-25 | Advancement of laser based atomic spectroscopy techniques for biological sample analysis; from elemental profiling of tissues down to the cell organelle level. |
| FEPS | Vision Speech<br>and Signal<br>Processing | CARNEIRO<br>Gustavo         | 19-Sep-25 | Standardisation of medical imaging for large scale studies  |
| FEPS | Biomedical<br>Engineering<br>(MES)        | LABEED Fatima               | 19-Sep-25 | Dielectrophoresis: The Electrophysiology oF HEalth aNd Disease (DEFEND)   |
| FEPS | Vision Speech<br>and Signal<br>Processing | WELLS Kevin                 | 04-Jul-25 | Artificial Intelligence and its use in radiotherapy planning  |
| FEPS | Vision Speech<br>and Signal<br>Processing | BOWDEN Richard              | 11-Apr-25 | Computer Vision and Deep Learning for Automatic Sign Language Translation   |
| FEPS | Vision Speech<br>and Signal<br>Processing | KOUCHAKI<br>Samaneh         | 03-Jan-26 | Machine analysis of in-home sensor data   |
| FEPS | Biomedical<br>Engineering<br>(MES)        | OLDFIELD<br>Matthew         | 03-Apr-25 | Development of Cryogenic Devices for Medical Applications   |
| FEPS | Quantum<br>Biology P                      | SHKUNOV<br>Maxim            | 17-Oct-24 | Creation of a fully flexible pixilated device sensitized using natural dyes for implantation to restore sight to those suffering retinal degenerative diseases. |
| FEPS | Computer<br>Science                       | LI Yunpeng                  | 20-Nov-24 | Dental Disease Detection with Crowdsourced Radiograph Annotations   |
| FEPS | Vision Speech<br>and Signal<br>Processing | KOUCHAKI<br>Samaneh         | 05-Apr-24 | Machine learning models to analyse in-home observation  |



| FEPS | Quantum<br>Biology                        | HOWLIN Brendan | 18-Mar-24 | Multi-scale Investigation on UV-induced DNA Damage and Repair   |
|------|---|----------------|-----------|---|
| FEPS | Biomedical<br>Engineering<br>(MES)        | LABEED Fatima  | 29-Dec-23 | Characterising the Electrophysiological Properties of Cells in Health and Disease                         |
| FEPS | Engineering<br>Materials (MES)            | SUI Tan        | 29-Mar-24 | Nanostructure survey of natural and biomimetic dental tissues by the 3D SAXS tensor tomography (3D-SASTT) |
| FEPS | Biomedical<br>Engineering<br>(MES)        | SUI Tan        | 29-Dec-23 | Microstructure and Micromechanics of Bioinspired Composites for Next Generation Dental Crowns             |
| FEPS | Vision Speech<br>and Signal<br>Processing | EVANS Philip   | 22-Dec-22 | Validation of Texture Analysis in Medical Imaging   |
| FEPS | Vision Speech<br>and Signal<br>Processing | WELLS Kevin    | 09-Dec-23 | Using Deep Learning on PET-CT Images to Detect  |



# **Appendix 2**

Ageing related research proposals submitted since 2019.

| Abasolo   |           |   | Funder        |
|-----------|-----------|---|---------------|
|           | MES       | Dlagnosis of Alzheimer's DiseasE from Multimodal signals (DIADEM)   | TBC           |
| Abasolo   | MES       | Optimising wearable technology for fall prediction for the use of older adults – a user-centred approach  | EPSRC         |
| Abasolo   | MES       | A user-centred approach to using wearable technology for the PREediction of FALLs in older  | Dunhill       |
| Abrams    | health    | ARC KSS Kent and Medway Dementia Care Coordinators: A realist evaluation of new role implementation in primary care and across care pathways  | NIHR          |
| Ahankari  | Health    | Promoting a healthy transition through the adolescent years in rural India by understanding how improving sanitation impacts on the development of individuals  | MRC           |
| Ahankari  | Health    | Investigation into the shared risk factors and interrelationships between anaemia, impaired growth and cognitive development in adolescent girls living in the Maharashtra state of India: A cross sectional study. | AMS           |
| Ahankari  | Health    | Investigations into living environment, education progress, health and development of adolescents in urban areas of the<br>Maharashtra state of India: A cross sectional study                                      | Jacobs Fdn    |
| Ahmadi    | Biosci    | Aligning Public and Planetary Health Through Precision Plant-Based Dietary Solutions across the Life-course   | BBSRC         |
| Ahmadi    | Biosci    | Characterising the aetiology of the causes and consequences of malnutrition across the life-course: Rationalising dietary needs for maternal and infant health  | MRC           |
| Allison   | Nutri Sci | Physical activity promotion in midlife and older smokers  | MRC           |
| Ambasheri | Vet med   | Biomarkers and Joint Pain in Military Osteoarthritis Study  | Arthritis Res |
| Archer    | Biosci    | Circadian regulation of immune function in humans: pathways in ageing   | UKRI          |
| Archer    | Bio       | Strengthening immune responses in the elderly by enhancing circadian rhythm amplitude   | BBSRC         |
| Archer    | Bio       | A longitudinal study of sleep, diurnal rhythms, and health and wellbeing in older adults living at home   | Oxford        |
| Armes     | Health    | Co-designing a health and wellbeing self-report digital tool to improve equality of access and outcomes in people diagnosed with dementia and mild-to-moderate cognitive impairment                                 | NIHR          |
| Armes     | Health    | ARC KSS MyChoice: An evidence-based resource to help people with dementia   | NIHR          |
| Armes     | Health    | Evaluation of Remote Monitoring for Elderly Older People with Colorectal Cance  | NIHR          |
| Barberis  | Bio       | Digital and Experimental SYnthetic biology Guiding Neurodegeneration treatments.  | BBSRC         |



| Barley                | Health             | ARC East Midlands Caregiver network support to support caring for people with multiple morbidity in primary care   | NIHR                |
|-----------------------|--------------------|--|---------------------|
| Bartlett              | Biosci             | Longitudinal evaluation of exercise intervention and accelerated aging in hematopoietic stem cell transplant (HCT)   | NIH                 |
| Bartlett              | Biosci             | An investigation of the role of energy balance modification on anti-tumour and health responses in older adults with chronic<br>lymphocytic leukaemia  | Worldwide<br>Cancer |
| Bartsch               | Biosci             | Non-invasive deep brain stimulation to augment sleep spindles in ageing  | AMS                 |
| Bartsch               | Bio                | Frequent phenotyping using wearable technology to discover novel mechanisms in dementia: Sleep, cognitive function and blood biomarkers  | AMS                 |
| Bauer                 | Comp Sci           | Integrated Computational and Experimental Technologies for High Throughput Osteoarthritis Disease Models   | EPSRC               |
| Bauer                 | Comp Sci           | Computational modelling of cryopreservation of biological tissue   | EPSRC               |
| Bauer                 | Comp Sci           | Next-generation Cryopreservation for Organ Banking by using HIFU/VFM techniques for Rewarming  | EC                  |
| Camelliti             | Bio                | Targeting cell senescence in the degeneration and regeneration of the heart  | Wellcome            |
| Campbell              | Digital Word       | Storytelling games for social connection and reminiscing by older people   | UKRI                |
| Carneiro              | CVSSP              | The Use of Electronic Health and Social Care Records for identifying the risk of dementia and hospital readmission   | EPSRC               |
| Chrysanthaki          | Health             | Exploring the feasibility and acceptability of use of the UK Dementia Driving Decision Aid (DDDA-UK) for supporting driving retirement conversations in primary and community care settings in England and Scotland  | Alzheimer           |
| Chrysanthaki          | Health             | Implementation and evaluation of the Dementia Driving Decision Aid (DDDA) in the United Kingdom: A hybrid design study   | Alzheime            |
| Cohen-Kadosh          | Psych              | The Improve Project: improving ageing markers in the gut microbiome for healthy ageing   | Yakult              |
| Coleman               | Health             | Continuous remote monitoring of fluid intake for elderly care home residents   | AMS                 |
| Coleman               | Sound and<br>Video | Enhancing quality of life with immersive sound environments  | EC                  |
| Combes                | Health             | Conversations on living and dying: Facilitating advance care planning with older people living with advancing frailty  | NIHR                |
| Corrigan-<br>Kavanagh | Tourism            | Exploring the Role of Digital Technologies in Relationship-centred Care to Empower Older Adults with Impaired Mobility   | Wellcome            |
| Coutts                | CVSSP              | Wearable based Automated Tracking of Cardiac Health  | BHF                 |
| Сох                   | Health             | Exploring the content validity of the EDIS tool within care homes in England and Wales   | Abbeyfiel           |
| Сох                   | Health             | Residential care-managers' experiences, ethical responses and coping strategies during the COVID-19 pandemic. Comparing experiences in care settings for people with learning disabilities and older people to generate learning and enhance future planning | UKRI                |
| Crean                 | Chem               | Wearable sensors to diagnose wound infection   | EPSRC               |
| Cropley               | Psych              | Exploring the feasibility and Impact of Hybrid Working on NHS Employees Working in Mental Health and Dementia within the Community.  | NIHR                |



| Das          | Socio        | COVID-19 and maternal perinatal mental health: Understanding impacts and assessing digital support pathways   | NIHR            |
|--------------|--------------|---|-----------------|
| della Monica | Biosci       | Mechanisms underlying variation in cognitive function in dementia   | Alzheimer's     |
| della Monica | Biosci       | Elucidating mechanisms underlying variation in cognitive function in dementia: season, sleep, and the circadian clock as potential modulators of inflammation | UK DRI          |
| Dibb         | Psych        | The role of incidental chat on wellbeing in older people  | Dunhill         |
| Dijk         | Biosci       | Non-Invasive Brain Stimulation Intervention to Ameliorate Pathnogenic Sleep-Arousal Impairment in Dementia  | UKRDRI          |
| Dijk         | Biosci       | Deep Brain Stimulation for improving vigilance in neurodegeneration and dementia  | UK DRI          |
| Dijk         | Biosci       | Engineering Integrated Dementia cAre (EIDA)   | UKDRI           |
| Dijk         | Biosci       | Sleep in dementia: from mechanism to biomarkers   | Alzheimer's     |
| Dijk         | Biosci       | Characterising the sleep and daytime complaints of patients with lifelong insomnia: A multi-modal neuroimaging perspective                                    | EC              |
| Dijk         | Biosci       | Translating blood-based biomarkers for Alzheimer's (or neurodegeneration) to clinical practise. Do time-of-day and sleep matter?                              | UK DRI          |
| Dudem        | ATI          | 2D/3D Woven Triboelectric Textiles for Dementia Patient Monitoring  | RAEng           |
| Dunn-Walters | Biosci       | Immune resilience metrics for healthy ageing  | Welcome<br>Leap |
| Dunn-Walters | Biosci       | Catalyzing collaborative interaction to enhance immunity during ageing  | UKRI            |
| Evans        | Psych        | SLEEP IN EARLY ALZHEIMERS DISEASE   | Wellcome        |
| Evans        | Psych        | can internet use in later life benefit mental health and cognitive function   | ESRC            |
| Fay          | Language     | Dementia and Creative Therapies Network: inclusive online services in the post-pandemic world   | AHRC            |
| Feng         | Comp Sci     | Life quality index from digital footprints  | ESRC            |
| Field        | Biosci       | Do No Harm: a risk prediction tool to support safe, effective prescribing in primary care for older people with diabetes and moderate or severe frailty       | NIHR            |
| Frei         | Digi Economy | Inclusive Smart Retail Design for Older Customers   | MRC             |
| Frohlich     | Digi World   | Social Immersive Reality for locality-bound older people  | EPSRC           |
| Frohlich     | Digital      | One-to-One: Re-imagining social media systems for isolated older people   | ESRC            |
| Gage         | Health       | Ageing well   | UKRI            |
| Gage         | Health       | Enabling better care for people with young onset dementia - ENABLE-YD   | NIHR            |
| Gage         | Health       | Exploring the case for 'Cradle' technology for people with Dementia   | NIHR            |
| Gage         | Health       | Change in service provision for people with dementia due to C-19  | Health Fdr      |



| Gage        | Health | ARC WESSEX Ehealth Support for Young-Onset Dementia: Providing and evaluating an online intervention for regional and national implementation       | NIHR         |
|-------------|--------|---|--------------|
| Gage        | Health | Co-production and evaluation of an online information and support programme for carers of people with early onset dementia                          | NIHR         |
| Gage        | Health | Interventions to prevent stepwise progression of multi-morbidity associated with brucellosis among nomadic communities in Kajiado<br>County Kenya   | NIHR         |
| Gage        | Health | Impact of assistive technologies in care homes  | NIHR         |
| Gage        | Health | Electronic care planning in care homes  | NIHR         |
| Gage        | Health | Person centred care for residents and staff in care homes   | ТВС          |
| Gage        | Health | Increasing physical activity, health and wellbeing in care home residents - the Active Residents in Care Homes, ARCH, programme.                    | Charterhouse |
| Gage        | Health | Organising general practice for care homes: A multi-method study  | NIHR         |
| Gage        | Health | ARC WESSEX Clinical implementation of a risk prediction tool to reduce medication related harm in older people                                      | NIHR         |
| Gage        | Health | End of life care for children who died unexpectedly   | NIHR         |
| Gage        | Health | Clinical validation of PPG (photoplethysmography) technology for REmote MOnitoring of Heart FAilure Patients with Wearable Device                   | EC           |
| Gallagher   | Health | Boosting responses to the Corona Crisis of Care. A cross-country study on nurses' ethical challenges in residential care homes for older persons    | Volkswagen   |
| Gallagher   | Health | Developing and evaluating a nurse-led ethical care intervention for care homes: A feasibility study of an innovative reflective approach using film | Dunhill      |
| Gallagher   | Health | Transgenerational Perspectives on Roles, Responsibilities and Care of Older Adults  | Wellcome     |
| Gardner     | Psych  | The Age UK Walking Football Programme: Qualitative Evaluation   | Age UK       |
| Gatersleben | Psych  | Bringing the Outdoors Indoors to support a sense of connectedness among older people  | Dunhill      |
| Gatersleben | Psych  | Counting birds and bees: promoting wellbeing of older people through engagement with nature-based   | Dunhill      |
| Gilbert     | Socio  | InSPIRE: Innovating UK clean air policies to prevent cognitive disorders across the life course, particularly for vulnerable urban populations      | MRC          |
| Glover      | Biosci | Wearable brain imaging for point-of-care stroke diagnosis   | Innovate UK  |
| Green       | Health | Identifying chatbot readiness for older adults to identify appropriate voluntary and community services   | ESRC         |
| Hazell      | Psych  | Developing a measure of depression for older adults   | NIHR         |
| Heiss       | Biosci | Development of high-resolution optical imaging techniques for study of cutaneous microvascular ageing   | UKRI         |
| Heiss       | Biosci | Effect of novel dietary supplement mix on vascular function to slow vascular ageing   | Novos        |



| Heiss     | Biosci  | CAUSALITY: OptiCAI tomographic stUdy inveStigAting LongITudinal vascular ageing and effect of dietarY flavanols and NOX on<br>endothelial NO and redox homeostasis           | BBSRC       |
|-----------|---------|--|-------------|
| Heiss     | Biosci  | Study to evaluate the performance of optical coherence tomography angiography for non-invasive longitudinal imaging of vascular adaptation: vascular ageing and regeneration | NCRRR       |
| Heiss     | Biosci  | Evaluation of wearable simple and cheap photoplethymography base device to detect peripheral artery disease and monitor its severity in people with diabetes                 | Rosetrees   |
| Heiss     | Biosci  | Continuous monitoring of vascular age by pulse wave velocity using wearable ECG and PPG sensors  | UKRI        |
| Hine      | Socio   | Responsible Machine Learning for Ageing Applications   | AHRC        |
| Hine      | Socio   | Developing consensus guidelines for best practice in remote/virtual ethnographic methods in dementia studies   | MRC         |
| lles      | Psych   | Efficacy and mechanisms of the video feedback intervention for positive parenting for mothers experiencing moderate to severe perinatal mental illness                       | NIHR        |
| Jaramillo | Psych   | Enhancing REM sleep oscillations to improve cognition in aging and dementia  | Wellcome    |
| Jin       | Health  | Harmonized Diagnostic Assessment of Dementia (DAD) for Longitudinal Aging Surveys in India (LASI)  | NIH         |
| Jin       | Health  | Testing early markers of cognitive decline and dementia derived from survey response behaviours  | NIH         |
| Jin       | Health  | Develop & Implement Technological Infrastructure for Self-Monitoring and Intelligent Delivery of JITAI for Sleep, Emotion and Cognition in Older Adult                       | UKRI        |
| Jones     | Psych   | Unblurring the lines between depression and ageing: coproduction and validation of a new measurement of depression for older adults  | NIHR        |
| Karl      | Tourism | FuTOURes: Explaining, modelling and forecasting elderly people's travel behaviour  | ESRC        |
| Kim       | Biosci  | Molecule and Quantum Sensing for the Physics of Life   | EPSRC       |
| King      | Socio   | re-imagining inclusive ageing for older people belonging to ethnic minority and sexual and gender minority groups  | ESRC        |
| King      | Socio   | Comparing Intersectional Life Course Inequalities amongst LGBTQ People in Five European Counties   | Norface     |
| King      | Socio   | Older LGBTQ+ People and Residential Care   | NIHR        |
| Kouchaki  | CVSSP   | The Use of Electronic Health and Social Care Records for identifying the risk of dementia and hospital readmission   |             |
| Kouchaki  | CVSSP   | In-home health monitoring technologies to monitor cognition in people with dementia  | UKDRI       |
| Kouchaki  | CVSSP   | Speech-based Identification of Cognitive Decline; A New Platform for Predicting MCI to Dementia Progression  | NIHR        |
| Kouchaki  | CVSSP   | A data-driven novelty detection system to identify digital biomarkers linked to dementia-related adverse health conditions   | Alzheimer's |
| Kouchaki  | CVSSP   | Machine Learning for Predicting the Risk of Adverse Health Conditions in People Living with Dementia   | EPSRC       |
| Kouchaki  | CVSSP   | Al-Guided Trajectory Mapping for Improved Management of Neurodegenerative Diseases   | Royal Socie |



| Kousi        | CPE Addressing barriers in the education of mature students in STEM   |  |                                      |  |  |  |
|--------------|---|--|--------------------------------------|--|--|--|
| Krystallidou | Translation<br>Studies  | Dementia got my tongue!" Creating linguistically and culturally inclusive living and caring conditions for people who lost their second language as a result of dementia                               |                                      |  |  |  |
| Lekakou      | MES   | Wearables with biomarker sensors   |                                      |  |  |  |
| Lemanska     | Health  | Diabetes and cardiovascular comorbidity affects cancer outcomes and recovery. A cohort study of patient with prostate cancer   |                                      |  |  |  |
| Li           | Tourism   | The future(s) of travel and tourism: Explaining, modelling and forecasting elderly people's travel behaviour within and beyond the COVID-19 pandemic   |                                      |  |  |  |
| Ling         | Hospitality   | Al-based Mobile Apps for Lifestyle and Daily-Life Support in Diabetes Management   | British<br>Academy                   |  |  |  |
| Michael      | Biosci  | The role of electronic frailty index in improving outcomes for frail cancer sufferers undergoing anti- cancer treatment.   |                                      |  |  |  |
| Mold         | Health  | A co-design study to improve Communication and care using a digital App for yOung adults with LeaRNing Disabilities (ACORN) at time of transition to adult services. A preliminary effectiveness study | NIHR                                 |  |  |  |
| Mulholland   | Chem  | Towards a Small Molecule Therapy to treat Age Related Macular Degeneration   |                                      |  |  |  |
| Nalesso      | Vet   | Collagen type V as a biomarker of aging in the articular cartilage   |                                      |  |  |  |
| Nalesso      | Vet   | Sex-stratified peptide location fingerprinting of ageing articular extracellular matrix  |                                      |  |  |  |
| Nalesso      | Vet med   | Inhibition of a novel microRNA to treat osteoarthritis   |                                      |  |  |  |
| Ng-Knight    | Psych   | Adolescent development in the UK and Japan   |                                      |  |  |  |
| Nicholson    | Health  | A systems approach to older adults with multiple long term conditions' home-based care: mapping, scoping, feasibility, and modelling of factors affecting outcomes for unpaid caregiving               | NIHR-EPSRC                           |  |  |  |
| Nicholson    | Health  | Joining Up Community Care for Older People with Advancing Frailty within Integrated Care Systems: Prototype Testing and Roll-Out for a Practice-Based Toolkit  | Marie Curie                          |  |  |  |
| Nicholson    | Health  | Understanding and meeting the end of life needs of hospitalised frail older people: a mixed methods research programme   | NIHR                                 |  |  |  |
| Nicholson    | Health  | Equipping community services to meet the palliative care needs of older people with frailty approaching the end of life; a mixed methods study   |                                      |  |  |  |
| Nicolson     | Health  | Enhancing the quality of living and dying with advancing frailty through integrated care partnerships: Building research capacity and capability   |                                      |  |  |  |
| Nilforooshan | Psych   | Developing a personalised care pathway for people living with dementia using historical healthcare records, clinical notes and in-<br>home monitoring technologies                                     | National<br>Endowment<br>for science |  |  |  |
| O'Brien      | Psych It has activated my mind, it has given me a purpose, I feel more aware and more alive!": A nature intervention to support health an wellbeing in older people |  |                                      |  |  |  |



| O'Connell  | Tourism- Inclusive Ageing and Air Travel<br>transport |   |          |  |  |
|------------|---|---|----------|--|--|
| Parker     | Biosci  | The role of alternative splicing of TrkB in Alzheimer's disease   |          |  |  |
| Parker     | Biosci  | Navigating older adulthood: Exploring age-related cognitive decline through detection of differences in neural oscillations   |          |  |  |
| Penn       | Socio   | Social connectedness and physical activity in ageing. A complex systems approach to identifying, co-designing and evaluating solutions  |          |  |  |
| Prokopenko | Biosci  | Investigating the link between Major Depressive disorder and Alzheimer's disease  |          |  |  |
| Prokopenko | Biosci  | Dissecting the effects of the lifelong obesity patterns on cardiometabolic disorders  |          |  |  |
| Prokopenko | Biosci  | Implementation and Validation of a multi-omics data system containing microbiome, genetics, nutrition, and lifestyle information for type 2 diabetes and related morbidity conditions management improvement within the national health system provider |          |  |  |
| Prokopenko | Biosci  | Using big multi-omics data for patient stratification and prevention of diabetes - Colorectal cancer comorbidity  | MRC      |  |  |
| Raats      | Psych   | Food and drink-related needs of older people who use community-based social care  | NIHR     |  |  |
| Raats      | Psych   | Barriers and enablers to improve food and drink outcomes for older people receiving home care   |          |  |  |
| Ramaioli   | CPE   | Numerical simulation of safe human swallowing with auxiliary foods for the elderly  |          |  |  |
| Ravindran  | Biosci  | Assessing the Feasibility of Using High Sampling Rate Inertial Measurement Units for Identifying Ballistographic Signatures of Sleep and Vital Signs Monitoring in Older Adults   |          |  |  |
| Ravindran  | Biosci  | Assessing novel technology to longitudinally monitor obstructive sleep apnea (OSA) and its effect on comorbidities and biomarkers of neurodegeneration  |          |  |  |
| Rayman     | Biosci  | Multicentre study of lodine supplementation intRoduced After Conception: Long-term Effects on child development   | Wellcome |  |  |
| Ream       | health  | Remote Assessment of Symptoms and Signs to improve End-of-life care in home-based cancer patients   | EC       |  |  |
| Revell     | Biosci  | Monitoring sleep in older adults  | MiiCare  |  |  |
| Riddell    | Biosci  | Beta-adrenergic regulation of T cell ageing   | Dunhill  |  |  |
| Riddell    | Biosci  | Targeting gut microbial metabolites to counteract the detrimental metabolic impacts of physical inactivity in older adults  |          |  |  |
| Riddell    | Biosci  | Impact of weight loss on immune modulation with respect of Covid-19 in obese older adults   |          |  |  |
| Riddell    | Biosci  | Investigating the function of adrenergic signalling in senescence T cell regulation   |          |  |  |
| Robertson  | Nutritional   | The lifestyle club; a new model of healthcare P   |          |  |  |
| Ruchaya    | Vet   | The effect of ageing cardiomyocyte derived exosomes on cardiac progenitor cell activity W   |          |  |  |
| Santamaria | Biosci  | ci Identifying proteolytic cleavage of extracellular matrix in retinal degeneration   |          |  |  |



| Scarles              | Tourism | Don't Leave Me Behind: Generating Social Connectedness and Inclusion for Older Adults through Real-time, Interactive Live- and<br>Media-streaming Experiences of Natural and Cultural Heritage |                                    |  |  |  |
|----------------------|---------|--|------------------------------------|--|--|--|
| Seibt                | Biosci  | Sleep fragmentation during ageing alter mitochondrial function at synapses   |                                    |  |  |  |
| Silva Couto<br>Alves | Biosci  | A precision health approach to identify biological processes in adult tissues mediating the genetic associations of early life factors with adult chronic disease                              |                                    |  |  |  |
| Skeldon              | Maths   | Sleep patterns as a risk factor and a marker of early mental health problems in adolescents  |                                    |  |  |  |
| Skene                | Biosci  | A cluster randomised trial of clinically-assisted hydration in patients in the last days of life (CHELsea II study)  |                                    |  |  |  |
| Smith                | Psych   | Social prescribing for people ageing with a lifelong physical disability   | Dunhill                            |  |  |  |
| Smith                | Psych   | Promoting nature engagement in diverse ageing populations  | UKRI                               |  |  |  |
| Smith                | Psych   | Socially inclusive ageing: a lifecourse study of new ageing populations  | ESRC                               |  |  |  |
| Smith                | Psych   | Ageing well with a lifelong physical disability  | ESRC                               |  |  |  |
| Smith                | Psych   | Ageing well with an intellectual or physical disability: Development of UK-Irish consortium  |                                    |  |  |  |
| Smith                | Psych   | Vulnerability, risk and multimorbidity   |                                    |  |  |  |
| Smith                | Psych   | Wellbeing in muskuloskeletal conditions across the lifecourse - the role of social health  |                                    |  |  |  |
| Smith                | Psych   | Life transitions and social connections  |                                    |  |  |  |
| Sporea               | ATI     | Integrated flexible sensor conditioning circuits for high performance wearables  |                                    |  |  |  |
| Stenner              | Health  | Delegation of insulin administration to non-registered healthcare workers in community nursing teams: an evaluation of care and practice for older people with diabetes.                       | Dunhill                            |  |  |  |
| Sun                  | ICS     | Understanding and Addressing Health and Social Challenges for Ageing in the UK and China   | UKRI                               |  |  |  |
| Sun                  | ICS     | 5G-cloudified Robotic Assistants for Dementia Care   | EC                                 |  |  |  |
| Taylor               | Health  | reducing variation in early arthritic care   | Arthritis Res                      |  |  |  |
| Thomopoulos          | Tourism | Digital, fast & cost-efficient AI-based assessment of fitness to drive for elderly and neurologically impaired patients using a driving simulator  |                                    |  |  |  |
| Thompson             | Psych   | Understanding Psychological Barriers of Physical Abilities and Physical Activity in Individuals Affected by Stroke   |                                    |  |  |  |
| Timotijevic          | Psych   | Increasing the Nutrient Density of fresh and Processed Foods for an Ageing Population  | BBSRC                              |  |  |  |
| Timotijevic          | Psych   | Increasing the Nutrient Density of fresh and Processed Fruit and Vegetables for older adults in the UK   | s for older adults in the UK BBSRC |  |  |  |
| Tischler             | Psych   | sych Beyond Culture Box: using creative practice to support people living with dementia, staff, and family supporters  |                                    |  |  |  |



| Tischler    | Psych       | The wellbeing of older women in the workplace: a comparative study in Sweden, Germany, England and The Czech Republic |  |  |  |
|-------------|-------------|---|--|--|--|
| Townsend    | Biosci      | Immuno-metabolism and multi-omics analysis of aging and senescence Micc   |  |  |  |
| Treharne    | Comp        | Phishing – Cyber security outreach for older adults GCHQ  |  |  |  |
| Tussyadiah  | Hospitality | geing and Travel Assistance: AI and the challenge of diverse cognitive abilities (ATA.AI) ESRC                        |  |  |  |
| Von Schantz | Biosci      | The role of sleep for sustaining health and well-being at different stages in the epidemiological transition          |  |  |  |
| Wang        | Hospitality | A connected life through hospitality  |  |  |  |
| Wesemeyer   | Comp Sci    | Cyber security outreach for older adults GC   |  |  |  |
| Whelligan   | Chem        | Synthesis of Homoisoflavonoids for the Treatment of Macular Degeneration Roya   |  |  |  |
| Winnebeck   | Biosci      | From Prevention to Treatment: How Biological Rhythms Can Maintain Perinatal Mental Health Wellc                       |  |  |  |
| Xu          | Hospitality | Serving Others, Aging HealthierThe Case of Volunteering in Charity Organisations for Seniors AHR                      |  |  |  |
| Xu          | MES         | Development of virtual coach system for elderly people with enhanced quality of life EC                               |  |  |  |
| Zhang       | Biosci      | Developing an in vitro 3D human immune organoids system to study immune-ageing across the life-course NCRRR           |  |  |  |
|             |             |   |  |  |  |



# **Appendix 3**

Impact projects funded.

| IAA Fund  | PI          | School                                 | Co-l                          | Project Title   |
|-----------|-------------|--|-------------------------------|---|
| MRC IAA   | Jeevaratnam | Veterinary<br>Medicine                 | Aston                         | 'From data to diagnosis': Identification of patients with paroxysmal atrial fibrillation (PAF) using computational<br>analysis of sinus rhythm electrocardiograms |
| MRC IAA   | Carta       | Chemistry<br>& Chemical<br>Engineering | Elliott, Marino-<br>Gutierrez | Phosphate-based glasses fibres for wound healing  |
| MRC IAA   | Liu         | Chemistry<br>& Chemical<br>Engineering | Chen, La Ragione,<br>Totti    | Antibiotic-free formulations comprising of bioactives and antimicrobials for optimised human and animal wound care  |
| MRC IAA   | Crean       | Chemistry<br>& Chemical<br>Engineering | NA                            | Personal lithium drug sensor validation   |
| MRC IAA   | Beste       | Biosciences                            | NA                            | Development of lead of compounds against Mycobacterium tuberculosis   |
| MRC IAA   | Asim        | Biosciences                            | NA                            | "Engaging a novel cancer driver for the treatment of end-stage prostate cancer"   |
| MRC IAA   | Sumner      | Biosciences                            | Maluquer de Motes             | Repurposing CDK inhibitors for novel cancer immunotherapy   |
| ESRC IAA  | Dippold     | Lit and<br>Languages                   | Clark                         | SPRYT - Investigating the effectiveness and acceptance of Automated Intelligence (AI) supported messages in a patient booking system                              |
| ESRC IAA  | Smith       | Psychology                             | King                          | Creating kinder communities – Supporting people making the move to a retirement community   |
| ESRC IAA  | Buchanan    | Finance                                | Di Domenico                   | Traffic light labelling for the UK pensions industry  |
| ESRC IAA  | Hall        | Sociology                              | King, Kingstone               | Intergenerational Exchanges in LGBTQ+ communities   |
| ESRC IAA  | Frohlich    | Music and Media                        | NA                            | Neighbourhood natter: Facilitating local conversations to counter loneliness and social isolation   |
| EPSRC IAA | Frohlich    | Music and Media                        | NA                            | Sentimental audio memories for dementia care  |
| EPSRC IAA | Stoljan     | Electronic<br>engineering              | NA                            | Textile compatible foetal movement sensors  |
| EPSRC IAA | Crean       | Chemistry<br>& Chemical<br>Engineering | NA                            | Wearable sensor   |



| Li     | Computer Sci                           | Jin  | Al-assisted Automatic Dental Disease Detection with Radiography   |
|--------|--|--|---|
| Sporea | Electronic<br>engineering              | NA   | CTS High-sensitivity disposable body temperature sensors for wearable monitoring and therapy  |
| Liu    | Chemistry<br>& Chemical<br>Engineering | Chen, La Ragione,<br>Totti   | A novel nanoemulsion for optimised wound recovery- NOW: a topical antibiotic-free approach  |
| Li     | Computer Sci                           | Jin, Evans, Kouchaki,<br>Feng  | Platform development for AI-powered clinician-in-the-loop dental disease detection  |
| Aston  | Maths                                  | Heiss  | Blood Glucose Estimation from Photoplethysmography Signals to Enable Continuous Blood Glucose<br>Monitoring for Diabetics                       |
|        | Sporea<br>Liu<br>Li                    | SporeaElectronic<br>engineeringLiuChemistry<br>& Chemical<br>EngineeringLiComputer Sci | SporeaElectronic<br>engineeringNALiuChemistry<br>& Chemical<br>EngineeringChen, La Ragione,<br>TottiLiComputer SciJin, Evans, Kouchaki,<br>Feng |

