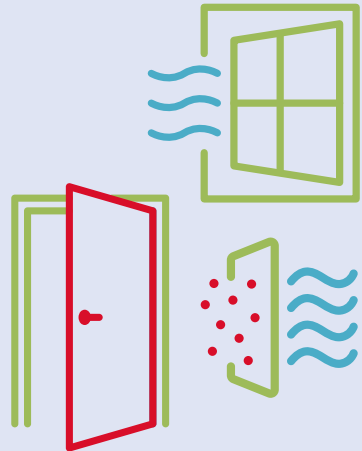


Adopt healthy ventilation practices

Promoting healthy indoor ventilation by opening windows and doors during pollutant-emitting activities (e.g. cooking and cleaning) can reduce occupant exposure and protect health. Installing functioning extractor fans or other low-cost home-made air purification technologies such as the Corsi-Rosenthal box in kitchens would also limit the build-up of pollutants and steam, reducing health risks.



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