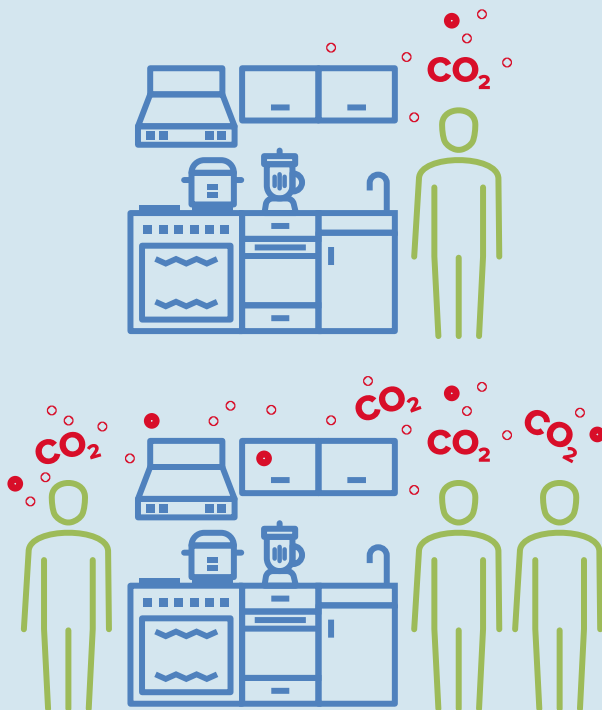


Fact 4

Inessential occupancy in the kitchen leads to unnecessary exposure to cooking emissions. It also increases the CO₂ levels, which can be over 7% higher with two or more occupants compared with one occupant.



Minimise passive kitchen occupancy during cooking to eliminate avoidable exposure and reduce carbon dioxide levels.

Home Occupants



- Prevent passive occupants (i.e. those not participating in cooking, such as children) from inhabiting the kitchen during cooking.
- Leave the kitchen during prolonged cooking sessions that do not require continuous supervision.

Builders & Homeowners



Design kitchens with a spacious area, such as a balcony or adjacent hallway, (where possible), so that toddlers can be supervised during cooking.

Local Councils



Spread awareness about the benefits of protecting occupants (especially children, the elderly, people with respiratory diseases, and other vulnerable groups) from exposure to cooking fumes.



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