

# INDUSTRY WEEKLY DIGEST

#HOSPITALITYatSurrey



## INSTITUTE OF HOSPITALITY 'MENTOR ME' SCHEME

### CELEBRATING NATIONAL MENTORING DAY

Honouring the **National Mentoring Day**, today we publish our Industry Weekly Digest early. **Alistair Sandall FIH**, Head of Professional Development at **Institute of Hospitality**, introduces the '**Mentor Me**' scheme, which **IoH** started about 6 years ago. In this digest, you will find useful information on how to take advantage of this mentoring opportunity. Attend the "**Demystifying Mentors**" webinar - in celebration of **National Mentoring Day** today starting at 3pm.

*What's in this issue:*

INSTITUTE OF  
HOSPITALITY  
**MENTOR ME**  
SCHEME



# Institute of Hospitality 'Mentor Me' Scheme

## ALISTAIR SANDALL FIH

The **Institute of Hospitality** started a mentoring scheme about 6 years ago. It was the advent of a new website that permitted the semi-automation of the scheme insomuch as the mentee, once in their personal area of the website (where they can log CPD, update preferences, and access exclusive member benefits), simply needs to click the button “Request to be a Mentee”. Prior to that stage, however, we hope that the mentee (and mentors) have an overview of [the scheme](#).



Once you've clicked the button it sends you an automatic email giving you a few ideas of things to complete whilst you are matched with a mentor.

When paired with a mentor you will receive another mail scheduling the six-monthly suggested topics to discuss with your mentor. These include: setting SMART goals, emotional intelligence, networking, leadership and reverse mentoring. Links are supplied to some great reference material in our online library accessed via our website.

It's not all reading though and what there is, is not too onerous – plus there are some excellent Harvard Business Videos. You need to reach out to your mentor to arrange the first meeting. It's all pretty explanatory when you receive the emails. If you are stuck, we signpost how you can get help.

This last week we have posted many articles about mentoring on [Twitter](#), [LinkedIn](#), and [Instagram](#).



**Mentor Me** is mentoring with a difference; it focuses on career growth and development for both experienced and new hospitality managers. Our student members and Associates (AIH) are matched with experienced Members (MIH) and Fellows (FIH) to undertake some guided learning on topical industry issues alongside monthly meetings.

If you can commit to (a suggested) one-to-one virtual meeting each month for a six-month period and you are keen to undertake professional development as well as supporting a colleague, then Mentor Me could be for you! Meetings are not in person currently; you can choose to meet via Skype, Face Time, Teams, Google Hangouts, Zoom and even an “old fashioned” telephone.

